



Speak Up, Epping! Newsletter

Volume 15, Issue 3

Epping, New Hampshire

May-June 2022

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.speakupepping.com

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.com. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

To our readers:

We're still staying close to home in the midst of the COVID-19 pandemic, especially now with the Omicron variant around. A few town events have been scheduled in May and June and so there is a calendar in this issue. We hope that there will soon be more meetings and events to post in the calendar.

We can always post any other events or announcements on our website, our Facebook page and can send information out to our mailing list.

Our thoughts are with all of you. Please take good care and stay safe.

Planner Kellie Welsh unveiled her list of new residential projects targeted for Epping. As she related the locations, I kept a tally. When her list was done, so was mine which..... added up to 670 new homes in Epping (not including those not yet on her "to do" list.) Simply, math displayed a very impressive surge in our population. Welcome to new residents in our community. We're playing the odds and look forward to several new members of our Club(55+).

Our May meeting will host Maureen Beauregard; President of New Hampshire Easter Seals Organization. She has a wealth of information regarding exciting plans for prevailing needs of young people and mental health. Some of these plans will materialize in Epping. Most exciting is a "Welcome Home" for Maureen who is an Epping girl and a beloved friend who visits with us as often as she can.

A few upcoming meetings include "Fraud Detection," "Hand Therapy," "Defense Exercises for Elderly," "Ice Cream Social with the Recreation kids," and "Focus group with 6th graders." If anyone has a meeting topic they would like to share with us oldies.....please contact us through Recreation Director Nicole. Bring us your ideas.

Another door opened for us seniors. We stepped onto that bus for an outing at Parker's Maple Barn in Mason. Although they were no longer making maple syrup, they sure included it on most everything on their extensive menu. Even baked beans, Yum! Wish I could include photos of the servings. Some needed extra plates to handle the overflow of food. Can't forget the gift shop. Clever management to ask us to wait there until our number was called....it worked.

We found this HUGE Antique Center in Laconia which we'll invade on **May 26th**. Antiques enjoying Antiques. Try to picture our expressions when we see our "stuff" being sold for THAT? It's a long stroll down memory lane and if we walk slow, we'll work

up an appetite. No problem...got a plan..... the Union Dinner Lunch is right down the street.

A fun adventure coming up in June is a trip to Meredith, NH to enjoy lunch at Hart's Turkey Farm. No syrup on that menu. While we are in the neighborhood, we'll travel over to the Annalee Doll Museum to reminisce among the myriad of dolls depicting yesteryear. I bet we'll find valuable vintage dolls that look just like the ones we gave to the kids. They better still have them. We might want them back.

We'd like to go to a Fisher Cat baseball game, but we can't seem to fill the bus. Recreation is seeking other residents to join us on a warm sunny day enjoying the hot game and hot dogs. So, take a break and join us for a fun day at the ballpark. You don't even have to be a senior citizen. Just contact Nicole at Recreation. She's waiting for you. So are we! We'll see you at the ball game!

A very important tip from that granddaughter (now in college). This is a good one...for us all. Simply keep your vehicle keys beside your bed each night. When you hear a disturbance and it alarms you, simply press the panic button on your key fob. Hopefully, this will be enough to scare away any predator. It's certainly worth a try. Hopefully you'll never need to use the button, but you'll always be able to find your car keys in the morning.

Our Mall Walking group got off to a slow start, but the sneakers are back on. We'll walk each Wednesday at Fox Run Mall beginning **May 4th**. The bus leaves the Town Hall parking lot at 10:30 am. Come for the exercise. The IHOP Restaurant is right next to the Mall.....Imagine that!

It was exciting to see three new members at our recent meeting. They come with a lot of enthusiasm and interest. Welcome!!

Our special friend and ex-member, Pat Voisine, is now residing in Exeter. We certainly understand his choice after the love of his life, Jean, passed away recently. We do miss him though, and hope he will visit the Club very soon to meet again with his dear friends. We have a very special gift for him to enjoy in his new home. Pat is famous for his big teddy bear hugs and infectious smile. We really feel the void but know his new neighbors have someone unique.

Here comes a VERY BIG THANK YOU to the Epping Fire Department. They have provided the "FILE OF LIFE" to the Club members. These could some day save our lives. Don't know what it is? It is a very critical document listing all medical

conditions, emergency contacts and much more. Held in a bright red folder that magnetically attaches to the refrigerator. EMT's always look for this when they enter a home. THANK YOU AGAIN. REMEMBER, YOU ARE ALWAYS WELCOME AND, CHECK OUT OUR "FILES".

P.S. Did Spring miss Epping this year?

Irene R. Cote, Secretary

End 68 Hours of Hunger - Epping



End 68 Hours of Hunger would like to thank the community for their donations. End 68 Hours of Hunger has been feeding 23 children in the community every week. Each bag has 3 dinners, 2 breakfasts, 2 lunches, 5 snacks, and a drink. You can donate to us by dropping food off at [Erica's Garden LLC](#), through our Amazon wish list, or through one of these links on our website: <https://www.amazon.com/hz/wishlist/ls/25GZKZ5SCJMSI...https://www.end68hoursofhunger.org/epping/> We are always in need of volunteers We are always looking for businesses to host food drives for us. Financial donations to help in that effort can be mailed to:

End 68 Hours of Hunger-Epping
62 Meadowbrook Drive
Epping, NH 03042.

Thank you!

News from the Town

Some Town Dates

May 30th – Memorial Day –Town Hall closed

May 30th – Memorial Day Parade

Coming Town Date

July 4th – Town Hall closed

Memorial Day Parade on May 30th

Join us for the Memorial Day Parade, **Monday, May 30th**. Participants are asked to be at the American Legion parking lot at 9:30 am for line up. The Parade will step off at 10:00 going west on Elm Street, left on Cate Street, with a short stop at Central cemetery for a salute to our deceased

veterans. We'll proceed down Main Street with a short stop at the Main Street bridge for a salute and wreath laying, then proceed to the Daughters of the American Republic (DAR) Park at Main and Water Street for a formal ceremony. Then we'll proceed down Water Street, go left on Mill Street and proceed to the American Legion where hamburgers and hot dogs will be served by the members of the American Legion. We welcome marching units, Color Guards, floats from various organizations, antique vehicles and others that wish to participate. For additional information contact the American Legion or Cliff Cray at 603-396-9436.

Openings for Volunteers in Town

There are three openings on the local "River Management Advisory Committee."

If any Epping resident is interested in serving on this committee, please send a letter of interest to the Board of Selectmen, 157 Main Street, Epping, NH 03042 or email: administrator@townofeppling.com.

The Epping Conservation Commission is in need of Volunteers.

To monitor Town conservation lands, help maintain trails, etc. If interested, put a note in the Commission mailbox.

Cell Phones for Our Troops Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than sixteen years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks.

Greeting Our Troops

They also send Christmas stockings to our Troops overseas. The Pease Greeters care package

team recently completed the momentous task of stuffing 3,000 Christmas stockings with goodie bags and holiday cards to send to active military overseas.

Throughout the year, the Greeters seek donations of toiletries, individually packed food items and "fun stuff" like small toys. Please contact peasegreetercarepackages@gmail.com for further information about the care package program.

The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 2000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

Care Package Program

Along with greeting the Troops since 2005, the Pease Greeters operate a Care Package Program. On a monthly basis, the Greeters ship Packages totaling 400-500 pounds. Costs for shipping runs at \$400 to \$600 per month. Among items included in the Care Packages are handwritten cards. The cards are especially appreciated by the Troops.

There are Big Care package shipments that go out to the Troops twice a year.

Valentine's Day – the Greeters ship over 5,000 Valentine's cards

Christmas – The Greeters ship out 3500+ Red, White and Blue Christmas stockings along with a baggie of small gifts to insert in each stocking.

Individuals or groups wishing to get involved with the Care Package Program with cards, stockings or "Wish List" items, may contact peasegreetercarepackages@gmail.com for further information. You may also donate items for the Care Packages through Amazon.com.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit <https://peasegreeters.org>



Epping Lions Club

"We Serve" We Want YOU to

Join the Epping Lions Club

<https://www.facebook.com/EppingsLionsClub>

The Epping Lions Club is in the middle of a membership campaign. Calling all of those who are looking to join a volunteer group! We fundraise and use the monies to help those in the community with

vision and hearing issues. We also use the money for high school senior scholarships and for gift cards during the holidays to needy families in the community. If you are interested in joining our club, reach out to an existing member, find us on Facebook or plan to attend our next monthly meeting.

The Epping Lions Club hosted the 44th running of the Lamprey River Canoe & Kayak Race on Saturday April 23rd. The sun was shining and 59 boats entered and completed the race! All parties involved seemed to thoroughly enjoy themselves. Race results and photos were uploaded to the Epping Lions Club Facebook page following the event. Many local companies donated generously to help run this event and the Lions Club is grateful for everyone's participation to keep this long-standing event going each year.



We will next meet on **May 24th** at 6:30 pm at the Harvey Mitchell Memorial Library. Anyone interested in joining our club should plan to attend that meeting. All are welcome!

We continue to collect used eyeglasses. We have collected thousands to date.

Cheers!

Deb Brooks, President

lexusreina@comcast.net

Cheryl Denoncour, Treasurer

cdenoncour@gmail.com

Colleen Palmer, Secretary

colleenmariepalmer@hotmail.com

Colleen Palmer, Secretary

Epping Community Theater

We hosted the Middle High School production of "Beauty and the Beast, Jr." at the Epping Playhouse

the first weekend in April. It was a huge success thanks to our amazing Epping community. We want to thank all those who came out to support these kids and all the hard work they put into this production!



Coming soon! We are underway planning "Shrek the Musical." We hope to be able to hold auditions over the summer and begin with rehearsals toward the end of summer. As we get closer we will be posting here as well as on our Facebook page!

Epping Historical Society

Here we are again, wasn't it just yesterday that the Speak Up Epping Newsletter was published? Maybe it is because we are getting older, faster.

It has been a very quiet early Spring, getting back into a normal life takes some doing! Our volunteers have been very busy, there is always work to be done. Lee and Jenny are still working on Don Sanborn's newspaper files. Don saved all newspaper articles relating to Epping. His research goes back many years, it is amazing how much material he saved. Irene and Joanne have been hard at work consolidating some of our collections. We have many book collections, and have decided to consolidate and dedicate book categories, making books easier to find. We have hundreds of books, including Town histories, genealogies, vital records and everything else in between.

We have a new volunteer! Her name is Karen, and she is a big help to all of us. Karen is busy cataloging, and the bonus is: she is learning the history of Epping, her adopted town.

We are looking to start having programs again, hoping a June program will be the first of many. We have scheduled a program for September. Kathy Bailey has been very busy during the pandemic and has written TWO new books. She will be presenting

a program on Monuments in New Hampshire. She has traveled all over New Hampshire, gathering information. Have you ever wondered how and why the Monument at Hampton Beach was erected? This will be one of many stories in Kathy's book.

We will be open for the Memorial Day Parade. Stop by and take a look at our museum. We will have a display featuring the many veterans, who served in the military.

Because this issue is so close to Memorial Day, I thought perhaps a story honoring some of our veterans would be nice. The following is about several veterans that paid the ultimate price serving our country. Thank You!

World War II

Norman St. Laurent

Norman St. Laurent was born in Epping, in 1918, and died in 1942 in Mukden, Manchuria, China. He was third of 11 children of Edmond and Exerina St. Laurent. Norman received his elementary and high school education in Epping and graduated from Watson Academy in 1937. He was quite the athlete while in school, excelling in baseball and basketball. After he graduated, he worked on his father's farm on Red Oak Hill. On this farm he started a small business of his own, raising and selling chickens. He enlisted in the Army Air Corps in December, 1940. After enlistment Norman was sent to Savannah Air Base to start his training as an Air Corps mechanic. In September of 1941 (after War had been declared) he came home on furlough, before being sent to the Philippines. He was captured by the Japanese at Corregidor and forced on the Bataan "death march." The soldiers were ill or wounded and making this 65-mile march was deadly. Of the 30,000 defenders of Bataan, only 700 survived. Norman survived the march, but was soon shipped to the Japanese prison camp in Manchuria. Norman died in camp of dysentery and malnutrition. After his death, two of his buddies, saved his prisoner issued canteen and engraved said canteen with Norman's vital information. They managed to conceal this canteen from the prison guards for 38 months. After the War, this canteen was presented to Norman's parents, this being the final proof of the time and place, as well as the fact of his death. In 1994, on the 50th anniversary of Norman's death, the St. Laurent family held a ceremony at the Town Hall. They presented the Town of Epping, with the framed flag, along with Norman's story, to be displayed at the Town Hall. Thank you, Norman, for your service.

Clifford Head

Clifford Head was born in Mayfield, Prince Edward Island, Canada in 1919. He was the son of Arnold and Mildred Head. His family moved to Epping when Clifford was four years old. He attended Grammar School in Epping and graduated from Watson Academy in 1938. He was an outstanding athlete, playing both basketball and baseball. After graduation, he worked at summer resorts following the seasons. In his travels, he had worked in 44 states, an amazing achievement at that time. He was inducted into the Army in 1942, in Manchester, NH. He soon went to the Air Corps Replacement Center in Florida. Next he went to Technical School in Illinois, graduating as a radioman. Then he was sent to Texas to Gunnery School. He received his Silver Wings as a Gunnery Sergeant. Clifford received a short leave home before returning to Kansas, where he joined his crew for overseas duty. His last letter home was written in March of 1943. His parents received a telegram on May 25th, from the War Department, stating that Clifford had been missing since March of 1943. One year later the War Department sent a telegram, officially saying Clifford Head was missing in action, and presumed deceased. At the time Clifford went missing, he was headed overseas for action. Several years ago, a family member requested his Military records from the War Department and received the following information. His plane disappeared off the coast of Puerto Rico, no recoveries. Unfortunately, his parents never had the comfort of knowing where he died. He was a radioman on a B-24. Thank you, Clifford, for your service.

John B. Jean

John was born in Epping in 1919, the son of Alfred and Josephine Jean. He was the fifth son of a family of 14 children. John attended Epping Schools, and after the completion of his education, he was inducted into the Army. John soon became an Air Force Cadet. He was proud to serve his country in the Air Corps. He was based in Tucson, Arizona, where he died in an accident while on a Military Mission. His remains were brought back to Epping, and he is buried in St. Joseph Cemetery. Thank you. John, for your service.

Korean War

Francis Wilson

Frank Wilson was born in Epping in 1930, and died 1950, in Korea. He was the son of Sherman and Alice Wilson. Frank was educated in Epping

Schools. After he attended school, he worked at National Shoe and Leather. He entered the Army in 1948, receiving his basic training at Fort Dix, NJ. He was stationed at Fort Bragg, NC, and Fort Williams in Portland, Maine before leaving Portsmouth for the West Coast in July. He served in Korea and was reported missing in action, but later was finally reported deceased. Thank you, Frank, for your service.

We are open Monday mornings from 8:00 to 12:00. If this does not work for you, please give me a call and I will meet you there. The Society's phone number rings into my cell phone, so I can take calls most anytime. 603-679-2944

Joy True, curator, Epping Historical Society
joysgarden@hotmail.com

News from Rockingham Grange #183

The Rockingham Grange #183 Monthly Meeting April 14.

Once again, we had great attendance at our monthly meeting!

We opened with a song, "It's a Wonderful World," in keeping with the Grange tradition of having music as a part of our monthly meetings!

A main focus for this past month has been our Dictionary Project. President Bruce Gatchell announced that the funds had been raised to purchase 336 dictionaries for all third graders in our greater area; Epping 93, Raymond 97, Fremont 40 and Newmarket 89. All dictionaries were warmly received and distributed by all four of these schools. A notice was placed in all of the dictionaries with the following interesting information on the history of the Grange and in particular, our local Rockingham Grange.

"The Grange was started soon after the Civil War when country folks realized that they needed to get together to promote services for farmers and those living in rural areas. A Minnesota farmer, Oliver Hudson Kelley, who was working for the Department of Agriculture in Washington, D.C., realized the need for rural services and officially started the first Grange on December 4, 1867. It became the first organization in the United States to have women as voting members, requiring that half of all offices held, be women, and that a child could become a member as soon as he/she could handle a plow..., truly a family organization.

The Grange was the first to send representatives to Washington, D.C., working to get railroads built

closer to farm areas to bring products to market. It was through their persistent efforts that the first rural post offices and libraries were established in this country; things that we all enjoy today. There are about 75 active Granges in New Hampshire. The first Grange was the Gilman Grange formed in 1873, in Exeter. Our Epping Rockingham Grange #183 was formed in 1892, holding its first meetings in the Epping Town Hall. In 1918, the beautiful old 19th century two story historic Epping school building on Main Street became home for our Grange, purchased for \$1.00. Grange members then served lunches in this building for Watson Academy and Central School students until the mid-1960's. Amazingly, the old school is much the same as it was when the town built it in the early 1800's."

Our meeting continued with Barbara Perry speaking about Earth Day and reporting on current NH state bills regarding climate change. Judie Murphy spoke on the plethora of wildlife; animals and birds, witnessed on the railroad bed trail here in Epping. Some ideas on fundraising for our major badly needed construction work, were discussed. Concern for the Avian Influenza, wild birds infecting local chickens and turkeys, was again discussed, reporting that thousands of flocks have already been euthanized because of the spread of this terrible disease.

Our meeting ended with delicious refreshments enjoyed by all!

If you would like to join our Grange and be active in the plans for a community garden this spring and summer, please contact Bruce Gatchell at bgatchel@comcast.net.

Elaine Gatchell

The Civil War Roundtable of NH

"There is no time like the present to join us in the past."

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being that you are a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue

and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or email cwrtnh@gmail.com.

Note: The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is canceled, a notice will be put on ETV.

May 20, 2022 – Brian Swartz – "Passing Through the Fire" (Emerging Civil War Series book)

June 10, 2022 – Scott Mingus – "The Civil War in York County, Pennsylvania"

No meetings in July or August.

For information on the Roundtable and a complete schedule of meetings and news, please visit the web site: www.cwrt-nh.org or email cwrtnh@gmail.com.

Nature Talks

The Epping Conservation Commission is extremely fortunate to have many volunteers. They keep our trails clean, build new trails, monitor existing conservation easements and assist in many valuable tasks.

John Scully recently approached the Epping Conservation Commission to request permission to place new wood duck boxes in some of the town's conserved wetlands. These boxes mimic the naturally forming cavities found in trees that the wood ducks utilize to lay and hatch a clutch of eggs each spring. The boxes are placed on a steel pole over the water to guarantee a safe nesting opportunity and reduce the likelihood of predatory species climbing and raiding the nest. According to Ducks Unlimited, it is estimated that the survival rate of the ducklings is 10 to 70%, which would be improved by safe nesting options.

Since his presentation, John has installed five duck boxes on a variety of conservation lands in Epping. He uses only recycled wood from old pallets and will maintain and monitor them to confirm usage. It will be interesting to see how many nest boxes are used during the first year.

By working with the Conservation Commission in this way, John is pursuing an interest that he has had since he was a teenager. He has been a lifelong member of the Epping community with a strong

interest in conservation, hunting, enjoying the outdoors, canoeing and woodworking. He represents the contribution any ordinary citizen can make with the Epping Conservation Commission, based on his skills and interests.

Please consider offering your talents and interests to the Conservation Commission to help make Epping a better place for humans and wildlife to live and enjoy our surroundings.

Barbara Willis

Lamprey River Advisory Committee Herring Aid Is Back!

After two years without our annual river herring celebration due to Covid concerns, Herring Aid will return this spring when the river herring head back from the ocean to their birth places upstream to spawn the next generation.



alewife *Alosa pseudoharengus*

While enjoying a nice day beside the river, visitors can see recently-completed engineered improvements at Macallen Dam, such as the new flood gate, reinforced sidewalls on the south bank, and a spruced-up yard at the NH Fish and Game staging area. As usual, visitors can witness firsthand the great annual migration of the river herring, ask the biologists all those fishy questions, handle the fish, and maybe, just maybe, be daring enough to hold a sea lamprey.

This event is free and will occur rain or shine.

Date: Saturday, May 7, 10-noon

Location: Macallen Dam, Newmarket, NH

Free parking is available along Route 108 and behind the Newmarket Public Library. Follow the fish signs to the top of the fish ladder.

In the Flow

The Lamprey River is one of two rivers in the NH River Management and Protection Program (NHRMPP) that was part of a pilot project to manage instream flows. The process to develop a protected flow management plan was long and circuitous, but

it was worth it. The Lamprey River Water Management Plan went into effect in 2013. The state legislature now mandates the New Hampshire Department of Environmental Services (NHDES) to create instream flow management plans for all of the rivers designated under the NHRMPP.

The initial plan was designed for the lower Lamprey River (Epping to Newmarket), as that was the stretch that was originally designated; however, the Lamprey River designation now includes the full length of the Lamprey River plus five major tributaries. A new plan is needed and work is set to begin this year.

In order to determine how much water should be in the river for management purposes, scientists need to get some background information: What are the typical flows throughout the year? What are the typical maximum and minimum flows? What fish communities are present in the rivers and how much water do they need at critical life stages?

This spring, NHDES personnel will be installing flow gages into the five tributaries to gather baseline data about river height and flow. Researchers will try to find correlations between observed flows in the tributaries and flows in the lower Lamprey. They can begin to tackle trickier questions about riverside habitats, the needs of fish communities and long-term flow data to serve as a basis for future management.



Example of a flow data collection set-up Photo courtesy of NHDES

The instream flow management plan is largely to protect fish communities from the worst effects of drought. If the flow in the river is too low for too long, a “relief pulse” of water is released from a dam in Northwood for 48 hours. This pulse is not enough to improve conditions for kayakers, but it does give fish temporary relief, resulting in an extra inch or two of water in the river when fish might otherwise be left high and dry. Most people never know when the Lamprey River is actively “managed”, because the

management plan is mostly focused on entities that extract a lot of water from the river, such as the UNH-Durham Water System. Several towns might also be affected, such as when they post water-use restrictions during a prolonged dry period.

In 2022, the Lamprey River Instream Flow Management Plan will get its mandated 8-year review to see if any adjustments are needed. At the same time, a whole new era will begin to fill gaps in our knowledge and expand management to the whole watershed. It's a good year to be in the flow!

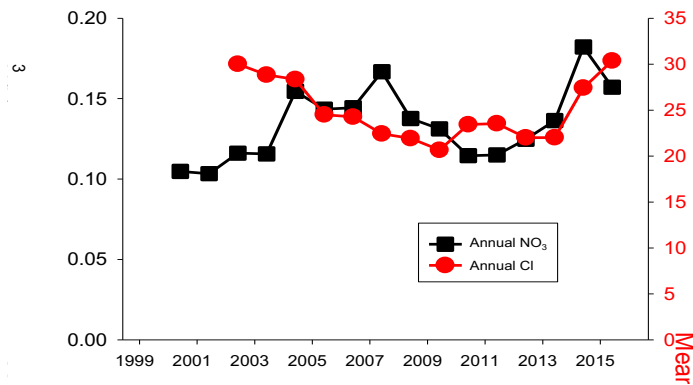
New Water Quality Testing Equipment at Wiswall Falls

Researchers at UNH have been conducting water quality assessments at Wiswall Falls in Durham since 2012. The data they have gathered have been highly detailed and almost continuous. Unlike many water quality testing programs which rely on taking samples every month or even every week during ice-free months, the water at Wiswall Falls is assessed year-round every few minutes by automated sensors. This level of detail has enabled scientists to understand the chemical and physical dynamics of the river to a degree that is exceedingly rare among most rivers. One researcher has likened this level of scrutiny to hearing a full symphony, rather than randomly hearing a few sampled notes every so often.

When the LRAC learned in 2021 that existing equipment at Wiswall Falls was becoming more difficult to maintain due to its age, UNH was encouraged to apply for a research grant, which was quickly approved. The new sensors and analyzers were installed last summer and the flow of data was not interrupted.

These data are important for understanding the Lamprey River itself, but they are also of critical importance to understanding water quality in Great Bay. The Lamprey delivers more freshwater to Great Bay than the other local rivers. How much nitrogen is the Lamprey River contributing to Great Bay? Under what conditions is the amount of nitrogen highest? How has the river's chemistry changed over time? The answers to these questions have a profound impact on how we can try to address nitrogen pollution in the river and Great Bay.

Graph courtesy of Dr



Graph courtesy of Dr. Bill McDowell, UNH

This chart is a sample of the kind of information being gathered. Black squares represent average nitrate (largely from human activities). Red dots represent salt (mostly from roadways). Both can cause big problems at even fairly low concentrations.



Helping communities protect the
Lamprey River.
Suzanne Petersen

Epping Garden Club



The six of us would like to thank everyone who either bought Pansies or made donations and comments on our efforts in town. The club had a delivery of 240 colorful bowls of pansies and we used 10-15 to fill containers in town. Now to find a way to get some mulch delivered to each corner before all the grass and weeds take over.

The Epping Fire Station has purchased planters like we use in town, for the West Epping Station and we will add flowers in keeping with our other containers.

We will switch them out around Memorial Day

and add pretty "Bubblegum" Petunias which should last until our next fundraiser "Fall Color". Just a reminder - we will accept orders two weeks before delivery. When the final day to order is announced, please make sure your orders are in, as we won't be able to call in later to order more plants.

We are also working on doing something downtown for the winter holidays besides offering poinsettias which are indoor plants. For the local churches, Poinsettias are amazing and our Catholic church supports us each year by making their space beautiful with them. Please let us know if you need a pretty color for your holiday celebrations - we offer red, pink and white (cream) in three sizes.

Thank you for your support over the last 10+ years.

Epping Garden Club
9 Folsom Mill Lane
Epping NH 03042

Eunice Miller

Note from UNH Extension

Are you interested in supporting the health of bees in NH? There's lots of talk these days about pollinator gardens as the awareness about bee and pollinator decline grows. Check out this blog to learn how to create your own pollinator garden!

<https://extension.unh.edu/blog/2022/02/beyond-buzz>

**Posted in Epping Garden Club Supporters:
Dandelions are important to our pollinators and soil.**



"Hello, I'm a dandelion.

A lot of people call me a weed but I'm a friend and come to help you!

When you see me, remember that I'm the ONLY one who wants and can grow in that particular spot. Because:

Either the soil is too compact/hard/stomped and I want to loosen it for you with my roots.

Or there is too little calcium in the soil - don't worry, I will replenish that for you with the dying of my leaves.

Or the soil is too acidic. But I will also improve that for you if you give me the chance.

Or a mixture of the above reasons, of course. I'm here because your soil needs my help so best you let me grow without disturbing me! When everything is fixed, I will disappear again, I promise!

. Are you trying to remove me prematurely with my root? However meticulous you are, I will return 2x as strong! Just until your soil is improved.

You can even tell by my growth at which stage my help is at. If my leaves are flat on the ground, then I'm far from ready but if they all reach up then I'm already a long way on my way.

Something completely different is that I am one of the first bloomers in spring so I will announce spring/summer for you.

During the day when it's hot, I open my flowers, but in the evening when it cools off, I close them again quickly. In fact, if it's not hot enough during the day I won't open them at all!

My flowers are the first food for insects after hibernation and unlike most other plants, I have pollen AND nectar, not merely one OR the other! And I am generous with them!

My flowers are even delicious for you people. By the way, did you know I used to be called "honey (or gold) of the poor" because my flowers are so sweet in jam, sauce or salad! The internet is full of recipes - check them out. But wait until the end of May or later before you start picking and even then, don't pick everything yet! The biodiversity and bees will be very grateful!"



Scouting Around Epping

Boy Scout Troop 136

The Boy Scouts of Troop 136 of Epping have been meeting on a regular basis for their weekly Troop meetings. They are now back on schedule at the Epping American Legion on Monday nights. They have been working on their Physical Fitness merit badges.

Their annual Recycling Fundraiser that will be held in May at the American Legion parking lot. They will be collecting old used electronics during this fundraiser. The date is **Saturday, May 21st** from 9 am to 2 pm or until the truck is filled.

The Troop also has a Whitewater Rafting Campout scheduled for **June 17th through June 19th** in West Forks, Maine. The Troop will spend the day whitewater rafting and return to camp for other scouting activities.

Jennifer Sullivan

NHSPCA Summer Camp

The NHSPCA is happy to announce that they will once again be hosting summer camp for young animal lovers! The 2022 Summer Camp will run from the week of June 27th through the week of August 22nd. Registration is on a weekly basis, and they ask that you please sign your camper up for only ONE week so that other campers may have the opportunity to attend! Campers will learn about being responsible pet owners and animal advocates and the different ways that the NHSPCA helps animals in need. We will also help around the campus whenever possible and have time for games and crafts!

They offer three different camps to ensure customized levels of learning and interaction with animals for all ages. **Registration for Summer Camp was available online starting March 9, 2022 at 9:00 am. Space is limited. First come, first served.**

Due to the overwhelming popularity of our camps, we kindly ask that you sign up for one week only, so as many children as possible have an opportunity to experience NHSPCA summer camp. **Campers will be separated into two classrooms of 12 campers each.** *If your child wishes to be in the same classroom as a sibling or friend, please indicate that during registration.*

If your child is interested in attending an additional week(s) or current sessions are full, you can sign up for our waitlist by emailing Humane Education at education@nhspca.org.



Epping Fire Department

Hello to my Speak Up Epping readers!

Spring is here and we are keeping our arms open for Summer! Because of high fuel prices, I want to discuss appropriate fueling procedures, and containers. I'll also discuss some laws for grills at multi-family buildings, and other important safety tips.

Spring Safety Tips

As we start to get out and dodge the potholes around town, I wanted to advise people they should

clean out any clutter during spring cleaning. Hoarding conditions appear to be a problem. Now is the time to clean up. Make sure not to run any gas-powered equipment in a basement or garage as it can create carbon monoxide which is a deadly gas that is colorless and odorless.

Last year at this time, we were still in a drought. Shortly after that we experienced record rain. Fortunately, when you combine that with this year's early spring rain, our concerns about a low water table have subsided. Keep in mind burn permits are required in order to burn any campfire or brush pile. Campfires must be 25 feet from a building and large piles must be 50 feet from any building. You can only burn after 5 pm. Burning during the day can only happen if it's actually raining! Not misting or sprinkling. You can get permits online at www.nhfirepermit.com or stop by the station during the day to obtain one. People that rent or lease must get the landowner's permission in writing in order to obtain a permit.

Be careful around rivers and streams as the winter snow melts and rains increase the speed of the current. Use a personal floatation device (PFD'S) when in any type of boat or canoe. They make smaller ones that are comfortable and will inflate automatically if you fall into the water. A simple device can save lives.

Gassing and fueling

With the high prices of fuel and gas continuing to rise with no end in sight, I wanted to discuss how to transport any extra fuel or gas in a vehicle. Fuel must be in an approved container; newer containers have a safety spout. You should only use newer style cans. Never place fuel in any plastic bags or other containers you may think could hold fuel. You would be surprised what people will try to do during desperate times. When fueling a gas or diesel container, place the can on the ground on a level surface to fill. Never fill in the back of a truck or vehicle. The older plastic bed covers can create static electricity and cause fires. I also recommend securing the small tank or container when hauling back to your house or business. Also, don't smoke or Vape while fueling any vehicles!

Make sure not to smoke or operate your cell phone while fueling and shut off the vehicle. I see it all the time; people are in a hurry and don't shut their car off and walk into the store. This is asking for trouble. New Hampshire's State Fire Marshal requires all people to stay with the vehicle in case

the gas overfills. This can cause a fire or result in a hazardous materials incident when fuel is on the ground. Plus, think of all the money wasted or the fines and cleanup costs, which you are responsible for, in the event of a spill!

Bar-B-Que Grills.

If you're like me, Spring and Summer means grilling time. I can't wait to use my grill for grilling steaks and chicken wings. Grills should be away from any building and on the furthest point away from the house on any deck. The Fire Department recommends that any grill be placed firmly on the ground. Apartments and other multiple family residences or occupancies, also known as multi-unit dwellings **cannot** have grills, a hibachi, or other open flame cooking on the decks or porches per state law. Electric grills are **allowed** if they are "UL" listed. The Underwriters' Laboratories don't consider electric grills as open flame or cooking. Although the state accepts electric grills for apartments and condominiums, you should still check with your landlord or building owner and as always, be careful with any appliance you use on the deck or porch.

Know that we are here for you, 365 days a year, 24 hours a day! Happy Memorial Day and give thanks to all our veterans for their service!

Respectfully,

Lieutenant Paul St Cyr

Fire Prevention Officer and 911 Liaison.

Epping Explorer Posts

Epping Fire Department Explorer Post 136

The Explorers were able to hold a successful fundraiser at Lowes home Improvement. Thank you, Lowes, for supporting our Post. On Friday April 15th, the Fire Department duty crew, Captain Cray, and Explorer Howe conducted a career day for the 8th and 9th grade classes at Epping Middle High school. Several students showed interest in the Fire/EMS service as a possible career and were invited to meet with the Explorers at a regular meeting. Those who participated in the meeting were given a tour of the station and the apparatus. They were able to be a part of the evening's training, learned how the Lifepack worked, took some blood pressure readings and loaded a mock patient into the ambulance. Our program is open to all youth 14 years old to 20 years old. At this time, we have members from several local towns, as well as Epping. For more information call the station at 603-

679-5446 or Captain Cray at 603-396-9436. Email address is deacon100@comcast.net.

Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 603-679-5122.

Friends of the Epping Fire and Brick Museum

Look for our antique apparatus in the Memorial Day parade. We will have the building open after the activities at the American Legion are over. The next projects will be to build some movable walls to hide the work area and to also display pictures and items from the past. We have a set of Hurst rescue tools that will be on display also. We have a few T-shirts that will be on sale also. Our email is eppingfireandbrick@gmail.com

The Museum work is paid for by donations. Due to the Covid-19 pandemic, we are in our second year of the slow process of renovating the station, as some of our volunteers are not able to work with us. The committee is working to become a 501 (C3) organization. This will allow us to seek grants which would help us in cleaning the basement and building the Museum. If you would like to donate, please send donations to "Friends of the Epping Fire and Brick Museum," 37 Pleasant Street, Epping, NH 03042.

Cliff Cray, Member of the Museum committees

American Legion News

12th Annual Car, Truck and Motorcycle Show

On **Saturday, May 14th**, the Sons of the American Legion (SAL) Squadron 51 is hosting the **12th Annual Car, Truck and Motorcycle Show** at the **American Legion Post 51 on Route 125**. Proceeds will benefit the Child and Youth Programs of the Sons of the American Legion. Gates open at 9 am. The show is from 10 am to 2 pm. There is No

Entry Fee. However, donations will be gladly accepted.

Come show your car or truck! There will be 1st, 2nd and 3rd Place Awards in the following categories: Antique Cars & Trucks ('79 or older); Modern Cars & Trucks ('80 or newer); and Custom Cars & Trucks (Any Year). Come show your motorcycle! There will be two award categories: Antique ('79 or older) and Custom (any year). PLUS, there will be an Overall People's Choice Award. Awards will be announced at 1 pm.

There will be raffles and a 50/50. Food and refreshments will be available for sale starting at 11 am. This event will be held in the parking lot of the American Legion on Route 125 in Epping (across from Telly's Restaurant). The rain date is **Sunday, May 15th**.

For more Information, please call Rob Hoffman at 603-944-5485.

Monthly Breakfast Buffets

The Sunday Breakfast Buffets are held from 8:00 to 11:00 am. The cost is \$10 for adults and \$6 for kids 6 and under. Masks are a personal choice. Going forward, the breakfasts will be held on the 2nd Sunday of every month. However, this year the May breakfast will be held on **May 15th**. The June breakfast will be back to second Sunday, **June 12th**.

Janet Hoffman

Epping Community Church

Epping Community Church worship service is every Sunday at 9:30 am with a time of fellowship immediately after. We would love to see you! You can also watch from home on Facebook Live

Friday Night Pizza will be coming to a close on May 20th for the summer. We will resume after Labor Day. Until then, you can order on Fridays any time by calling 603-679-5542. Pizza is from 5:00-6:30 and the cost is \$10.00 per pizza. We can make any of the following: cheese, pepperoni, mushroom, veggie, meat lovers, white pizza.

On **May 21st** we will be having a benefit breakfast for our food pantry, in memory of Linda Gauthier. She was a longtime volunteer at our pantry. The cost will be a donation of nonperishable food items or cash. We will have eggs, bacon, sausage, pancakes, hash browns, fruit, and muffins. It will be from 8:00-10:00 am. Please come and honor Linda and support our Epping Community care food pantry.

Our 3rd Saturday dinner will be **May 21st** from 5:00-6:30 pm. The cost is \$10.00 for a turkey dinner with all the fixings. You can get it to go as well. This will be our last dinner until we resume in September.

On June 11th, we will once again sponsor the Project Graduation breakfast. This will be at the end of their graduation festivities! We look forward to seeing all of their sleepy faces between 5:30 and 6 am and giving them a nice hot breakfast!

Mark your calendars for our Yard Sale on **June 25th** from 8:00 am-2:00 pm! We will be set up inside and outside on the front lawn. The church is providing light breakfast items, lunch, snack/dessert items and beverages, by donation. Face painting and fun raffles are planned. If you have donations for the church table they can be dropped off on Thursdays from 9:00-1:00 or on Saturday from 8:00-10:00. We also will have limited space in the parking lot if you would like to set up a table of your own. You can contact Cindy Costa at 603-502-3806 for more information.

Soup Café is a free lunch every Thursday from 11-12:30. We offer 2 homemade soups, salad and dessert. This is open to anyone in the community. We will serve soup through June and then switch to salads for the month of July and then take August off.

Our food pantry is open every Saturday from 8-10 am. In our coat closet, we have packed away our winter coats and now have lighter jackets and fleece to offer. These are free to anyone in need.

We're grateful to our volunteers and all that have donated to our programs to help others. We couldn't do what we do without all of you!!

If you are in need of help or need to speak with Reverend Leonard, please call the church at 603-679-5542 and leave a message. Our website is Eppingcommunitychurch.org. You can also request to have the pastor pray for you on the website.

Jen Yergeau

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)
Epping, NH 03042

Office telephone: 603-679-8805

Our mass schedule is:

Monday Adoration 8 am to 4 pm

Daily mass Monday, Tuesday, Wednesday 7:30 am

Saturday Vigil 4 pm,

Sunday Masses 8 am and 10 am

St John Paul Chapel open daily from 9 am to 4 pm

If you have any questions, please call the Office at 603-679-8805 or check our website at <http://stjosepheppingnh.com> for further information.

Jackie Biron

Kids Fishing Derby in Epping April 30th

After a 2-year break because of Covid, the Knights of Columbus Council is again holding their Kids Fishing Derby.

Sponsor: Knights of Columbus #6850

Date: April 30, 2022

Time: 8-11 am

Location: Conservation Pond, Towle Road in Epping

Contact person: Tim Acerno

acernotim@gmail.com

The derby is open to any child under the age of 12, but the child must be accompanied by an adult. The adult does not have to hold a NH Fishing license for the child to participate. Prizes and trophies will be awarded at the end of the derby.



Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

603-734-4587 (Adult Dept.)

603-679-5944 (Youth Dept.)

603-679-5884 (Fax)

harvmitch@gmail.com

www.eppinglibrary.com

Youth Dept. e-mail: hmmlyouth@gmail.com

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

Hours: Monday, Friday – 10 - 5

Tuesday, Wednesday, Thursday – 10 - 8

Saturday – 10 - 2

Sunday – 12 noon – 4

Closed: May 30th – Memorial Day

No Library news was submitted for this issue. Hopefully, we'll have news in the July-August issue.

Friends of the Library

The Friends of the Library are happy to report that the Secret Art Project, sponsored with Vandy Leigh and her Creative Community Space, was a great success. Thank you to the 34 people who submitted a project. Each bag held the same items and it was exciting to see how they were used. Creativity and

imagination were evident in the widely varied results. The art projects were on display through April and a reception was held at the Library on Saturday, April 30th, where the "People's Choice Award" was announced. The winner received a \$50 prize.

On Monday, **May 30th**, the date of Epping's Memorial Day Parade, the Friends will have a book sale at the Library. Come by to browse fiction and non-fiction, cookbooks, gardening books, children's books, and more.

A Second Annual Community Day, to be held in the fall, is in the early planning stages. Stay tuned.

The Friends meet the first Wednesday of the month at 7 pm. New members are welcome.

Pat VanWagoner for the Friends of the Library

Epping Parks & Recreation

Home of the "River Otters"

Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 603-679-3006

or email at eppingrecreation@gmail.com.

Address:

17 Academy Street

Epping, NH 03042

Mailing address:

157 Main Street

Epping, NH 03042

You may email eppingrecreation@gmail.com if you have any questions regarding food assistance during the Covid-19 pandemic. Nicole Bizzaro, the Director can also be reached by phone at 603-608-9487.

If you have any questions about programming, you can contact Marlee, the Assistant Director at eppingrecprograms@gmail.com.

Families First

support for families...health care for all

Here is the

link <https://www.familiesfirstseacoast.org/family-programs/parenting-classes-family-groups/> to our Family Center page. It outlines the different kinds of Virtual support we are offering at Families First, and

the text is below. We have online parent and grandparent support groups open to all.

Here is the link to the online calendar https://www.familiesfirstseacoast.org/calander/?tribe_eventcategory=49,37,48,38 with Zoom meeting links for those groups.

The groups have been small so far but are really fun and a great way to connect with other parents. Hopefully more people will find them.



Epping Elementary School (EES) Future Kindergartener Screening Day

WHEN: Friday, May 20th, 8 am-3 pm

WHERE: 17 Prospect Street Epping, NH

MORE INFORMATION:

Future Kindergarten students will receive a screening "appointment" for this day. Any questions, please reach out to Karen Mongeon (kmongeon@eppingsd.org)

**** THERE WILL BE NO SCHOOL FOR CURRENT KINDERGARTNERS THIS DAY ****

Epping Middle High School (EMHS) EMHS School Calendar

MAY

May 1-6 – Teacher and Staff Appreciation week

May 8-15 – Class of 2024 Flower Power Fundraiser

May 26 – Grades 9-12 Pop Concert 6:30-8:30 pm

May 27-28 – **NO SCHOOL Professional Development Day**

May 27 – Grand March/Prom 4:30-10:00 PM

JUNE

June 1 – Grades 6-8 Pop Concert 6:30-8:30 pm

June 5-7 – Senior Class Trip to Indian Head Resort

June 6 – 5th to 6th Grade Transition Night for families 6:30-7:

June 10 – High School Graduation

June 11 – Project Graduation Breakfast at Epping Community Church 5:30-6:00 am

June 13 – All School Assembly 9:08-10:15 am

June 16 – **LAST DAY OF SCHOOL**

First Quarter Honor Roll

Epping Middle High School announces its Honor Roll for the First Quarter of the 2021/2022 school year. Congratulations to the following students:

9th Grade:

Principal's List:

Garrett Follansbee, Kylie Hall, Nathaniel Johnson, Jordyn Lee, Tyler Morang, Abigail Stich, Patrick Thompson, Maria Wheeler

Honors:

Hayden Miskinis, Adam Munguia, Sonora Newman, MiKayla Picard, Landon Toomire

10th Grade:

Principal's List:

Aiden Blakney, Aviendha Blakney, Daniel Ciriello, Samantha Cronshaw, Dylan DuLong, Isabella Greubel, Shawna Lin, Autumn Loving, Maelie McAniff, Malaney McAniff, Sarah McTague, Casey Morin, Jacob Twombly, Ryan Zheng

Honors:

Annabelle Shumway

11th Grade:

Principal's List:

Brooke Bacon, Kaelin Beattie, Jared DeCourcy, Alexis Devine, Daniel Johnson, Nathan McTague, Mackenzie Milbury, Liam Morang, Miriam Peck, Luke Snyder, Christopher Sullivan

Honors:

Leah Hackett, Olivia Sousa

12th Grade:

Principal's List:

Sarah Brassil, Melissa Daigle, Trey Finkelstein, Jade Gagnon, Alexander Greubel, Emily Kelly, Jacob Loving, Stamatis Maschas, Patrick McTague, David Meyer, Michael Picard III, Abigail Purchas, Haley Williamson, Morgan Witmer

Honors:

Mikhail Ozols

SOME CHUCKLES

Thanks to Irene Cote!

War Dims Hope For Peace

I can see where it might have that effect.

If Strike Isn't Settled Quickly, It May Last Awhile

Ya Think?

Cold Wave Linked To Temperatures

Who would have thought?

Enfield Couple Slain; Police Suspect Homicide

They may be on to something!

Red Tape Holds Up New Bridge

You mean there's something stronger than duct tape?

Man Struck by Lightning: Faces Battery Charge

He probably is the battery charge!

New Study of Obesity Looks for Larger Test Group

Weren't they fat enough?

Astronaut Takes Blame For Gas In Spacecraft

That's what he gets for eating those beans!

Kids Make Nutritious Snacks

Do they taste like chicken?

Local High School Dropouts Cut in Half

Chainsaw Massacre all over again!

Hospitals Are Sued By 7 Foot Doctors

Boy are they tall!

And the Winner is....

Typhoon Rips Through Cemetery: Hundreds Dead

Did I read that right?

And now that you've smiled at least once, it's your turn to spread the stupidity and send this to someone you want to bring a smile to, or maybe even a chuckle.

We all need a good laugh, at least once a day!

Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (**July August 2022**) of this newsletter will be available **on July 1, 2022**. We will accept **submissions through June 25, 2022**, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

If you would like your next event to appear on the Calendar of Events, please send us an email at bhelmstetter@comcast.net by June 25, **2022**. Please include date, event name, location and time.

Thanks for reading!

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Epping Calendar of Events for May 2022

April 30	Knights of Columbus Kids Fishing Derby-Town Conservation Pond
May 1-6	Teacher and Staff Appreciation Week
May 3	Providence Baptist Church Food Pantry – 6-7 pm
May 5	Epping School Board meeting in Epping Town Hall – 7 pm
May 7	Epping Community Church Food Pantry – 8-10 am
May 7	Herring Aid at Macallen Dam in Newmarket – 10:00 am-noon
May 8-15	Class of 2024 Flower Power Fundraiser
May 12	Epping Watson Academy Seniors – 1 pm
May 14	Car and Motorcycle Show at American Legion – open 9 am, Show – 10 am-2 pm
May 14	Epping Community Church Food Pantry – 8-10 am
May 15	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
May 17	Providence Baptist Church Food Pantry – 6-7
May 19	Epping School Board meeting in Epping Town Hall – 7 pm
May 20	Future Kindergartener screening day. 8:30- 3:00 (No School current kindergartners)
May 20	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
May 21	Boy Scout Electronics Recycling Fundraiser at American Legion – 9:00 am – 2:00 pm
May 21	ECC Food Pantry Benefit Breakfast in memory of Linda Gauthier– 8-10 am
May 21	Epping Community Church Food Pantry – 8-10 am
May 21	Epping Community Church Dinner “Roast Turkey Dinner” – 5:00-6:30 pm
May 24	Epping Lions Club meeting at the Library – 6:30 pm
May 26	Grades 6-8 Pop Concert – 6:30-8:30 pm
May 27	NO SCHOOL – Teacher Professional Development Day
May 27	Grand March/Prom – 4:30-10:00 pm
May 28	Epping Community Church Food Pantry – 8-10 am
May 30	NO SCHOOL Town Hall and Library closed for Memorial Day
May 30	Memorial Day Parade
May 30	Friends of the Library Memorial Day Book Sale at the Library

Epping Calendar of Events for June 2022

Date	Event
June 1	Grades 6-8 Pop Concert – 6:30-7:30 pm
June 2	Epping School Board meeting in Epping Town Hall – 7 pm
June 4	Epping Community Church Food Pantry– 8-10 am
June 5-7	Senior Class Trip to Indian Head Resort
June 6	5 th Grade to 6 th Grade Transition Night for families – 6:30-7:30 pm
June 7	Providence Baptist Church Food Pantry – 6-7 pm
June 10	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
June 10	Epping High School Graduation – 6:00 – 7:30 pm
June 11	Project Graduation Breakfast at Epping Community Church – 5 am
June 11	Epping Community Church Food Pantry– 8-10 am
June 12	American Legion Post 51 Sunday breakfast – 8-11 am
June 13	All School Assembly – 9:08-10:15 am
June 16	LAST DAY OF SCHOOL for students
June 16	Epping School Board meeting in Epping Town Hall – 7 pm
June 17-19	Boy Scout Whitewater Rafting Campout in West Forks, Maine
June 18	Epping Community Church Food Pantry– 8-10 am
June 21	Providence Baptist Church Food Pantry – 6-7 pm
June 25	Epping Community Church Food Pantry – 8-10 am
June 25	DEADLINE DATE for the July-August issue of the Newsletter
June 25	Epping Community Church Yard Sale – 8 am-2 pm

If you would like your next event to appear on the Calendar of Events, please send an email to bhelmstetter@comcast.net by **June 25, 2022**. Please include the date, event name, location and time.